

# Spirituelle Chirurgie mit Stephen Turoff



Love All - Serve All

## Stephen unterstützt mit seiner Arbeit hier in Spiez seine Suppenküche in England

Ihr seid gerne eingeladen, eine Extrapende für sein erfolgreiches Projekt zu geben. VIELEN DANK im Namen Aller, die davon profitieren & neue Hoffnung schöpfen können!



### The Mission of SANCTUS

- to continue being a lifeline for the homeless and hungry
- to treat the homeless and those looking for more from life with great human values in order for them to rebuild their confidence, resources and in turn we trust, their lives
- to provide a space of sanctuary and reality where with small steps action can be taken, to generate confidence and self-respect
- to build skills development programmes and support for craft and trade opportunities
- to organise a royal variety show with sketches, songs, dances, and stalls for local businesses and homeless to raise monies for the ongoing support and evolvment of our projects

### The Vision

- to support and build the esteem and potential of those coming to eat and meet with us
- housing for some members who are currently on the street
- to reach more of those in need as the economic crisis continues
- other outlets and cafe's to continue and expand the work of Sanctus
- personal development programmes
- cooperative based craft, production, sales and DIY activities to assist with building confidence and income
- a larger facility to house a day centre to provide development activities and programmes to encourage better things to come

## SANCTUS Values

- **Truth** – Unity in thought, word and deed
- **Love** – Love without compassion, is no love at all
- **Right Conduct** – Respect for all life
- **Peace** – Humility in one's own actions
- **Non – Violence** -The brotherhood of man



## About the work of SANCTUS

Sanctus is a charity providing a soup kitchen and development space in the heart of Chelmsford for the homeless, destitute and those fallen on hard times. In difficult financial times we are there to assist people who struggle for a hot meal in the evening, and for support to rebuild their lives.

This project has now been running since December 2011 from a Cafe venue staffed by volunteers. Our guests amount to between 18 and 28 people on a five day basis and they enjoy a variety of cooked meals and soups, costing at a max of £2 per head per night.

More recently we have started individual business profiles and personal development support for the volunteers and members who have shown willing to evolve past the circumstances holding them back in their current lives. This includes workshops on lifestyle, image and confidence building, as well as potential skills to gain employment and/or income such as production, labouring or craft works.

Sanctus exercises our moral and ethical responsibility towards serving those who have found themselves in difficult situations. We are not here to judge, but to help and act as a resource for the community.

Our medium term plans include providing some housing and job services for the homeless within the local community.

In the longer term we aim for a day centre to house resources for those seeking to build a better future for themselves and contribute back to society.

## What SANCTUS is doing

- Quality space for tea, coffee and snacks Monday to Friday 9am to 4pm
- Dinner service between 2pm & 4pm from a cafe called Nicole's in the west end of Chelmsford
- A space they can enjoy the self respect gained from being in a normal environment

## Further activities of SANCTUS as we secure more funds

- Workshops on a monthly basis to regain confidence, self respect and life skills
- Individual profiles for members and volunteers to see how to progress
- Volunteering and working for production, craft based and laboring jobs to build momentum and confidence to get back in to work

With proper freshly cooked meals (not from a tin), as much tea and coffee as asked for, and cakes or desserts it's highly rewarding to see people going away satisfied and relaxed... and coming back for more. Through the winter months particularly the harsh weather conditions this was really a lifeline for some of our clients.

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More information & possibilities to engage directly via [info@sanctus-home.com](mailto:info@sanctus-home.com)

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